

# BOOKLETS

# COMMUNION

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# COMMUNION

## BACKGROUND

On the night before His crucifixion, Jesus' disciples prepared the yearly Passover meal. This traditional Jewish Passover feast commemorates God's rescue of Israel from Egyptian slavery. Jesus applied elements from this meal – the bread and the wine – to explain what He would soon accomplish on the cross, thus transforming it into a remembrance of His own person and work.



Jesus took the bread and the wine and explained how these symbolized His sacrifice on the cross.

### **Institution of the Lord's Supper**

*“And as they were eating, Jesus took the bread, and, having blessed it, broke it and gave it to the disciples and said, **Take, eat; this is my body.** <sup>27</sup> And taking the cup and having given thanks, he gave it to them, saying, **Drink ye all of it;** <sup>28</sup> **for this is my blood of the new testament, which is shed for many for the remission of sins.** <sup>29</sup> But I say unto you, I will not drink from now on of this fruit of the vine until that day when I drink it new with you in my Father's kingdom”.*

Matthew 26:26-29 JUB

Communion is not a ritual, but a **blessing** and declaration of **freedom** over your life and household. Adonai declared to Israel: “I am the Lord your God, who brought you out of Egypt, out of the land of slavery” (Exodus 20:2).

God told Moses to instruct Israel to slaughter an unblemished animal the night before their deliverance.

<sup>5</sup>You must have an unblemished animal, a year-old male; you may take it from either the sheep or the goats. <sup>6</sup>You are to keep it until the fourteenth day of this month; then the whole assembly of the community of Israel will slaughter the animals at twilight. <sup>7</sup>**They must take some of the blood and put it on the two doorposts and the lintel of the houses where they eat them.** <sup>8</sup>They are to eat the meat that night; Exodus 20:5-7 JUB

This unblemished animal pointed to a future event: “Our spotless, unblemished Lamb to be sacrificed once and for all for the remission of sin”.

<sup>18</sup>For you know that your lives were ransomed once and for all from the empty and futile way of life handed down from generation to generation. It was not a ransom payment of silver and gold, which eventually perishes, <sup>19</sup>but the precious blood of Christ—who like a spotless, unblemished lamb was *sacrificed for us*. 1 Peter 1:19 TPT

Then Moses made it very clear that all the meat had to be eaten – nothing of it should be left over and they had to apply the blood of the lamb to the doorposts. The blood on the doorposts was for their protection against the angel of Death, who came to slaughter all the first born of Egypt.



Therefore, Communion is not only a remembrance of our freedom, but it is a blessing to be released to announce our freedom from bondage. Our remembrance is to glorify God, give Him honor and glory and acknowledge that it was indeed He who delivered us.

Doing this is very important, because King Solomon's successor, Jeroboam, made two golden calves and put one in Dan and the other in Bet-el in Israel to forbid Israel to go to the traditional Jewish feasts in Jerusalem. Apart from this, he declared:

““It is too much trouble for you to worship in Jerusalem. Look, Israel, these are the gods who brought you out of Egypt!” 1 Kings 12:28 NLT

Notice the cunning deception of Jeroboam – “it is too much trouble for you” – in other words, let me make it more convenient for you. I will bring the “gods” who delivered you from Egypt nearer to you. By offering these two calves to Israel, Jeroboam reminded the Nation of Israel of the golden calf they made at Mount Sinai. Jeroboam was stealing the glory of God!

When taking Communion, it is crucial to remember that no man, nor ministry can receive ANY glory for your deliverance and freedom! When you come FREE, you will declare and decree: “Yehôvâh Elohim is indeed the One who delivered me and set me FREE!”



## THE BREAD AND THE WINE IN COMMUNION

The bread represented His body that would be broken. The wine was a picture of His blood that would be shed for the forgiveness of sins. By doing this, Jesus revealed how the exodus from Egypt indeed foreshadowed the ultimate deliverance in Christ.

### The New Covenant

When He took the cup of wine and blessed it, He said, “This cup is the new covenant in my blood, which is poured out for you”.

Likewise also he took and gave them the cup after supper, saying, This cup is the new testament in my blood, which is shed for you.

Luke 22:20 JUB

After the same manner also he took the cup, after he had eaten supper, saying, This cup is the new testament in my blood; do this each time that ye drink, in remembrance of me.

1 Corinthians 11:25 JUB

By referring to the new covenant, Jesus was announcing that, through His death and resurrection, forgiveness of sins would be made available to all and that humanity could once again live in communion with God.

Not that we are sufficient of ourselves to think anything as of ourselves, but our sufficiency *is* of God, <sup>6</sup> who also has made us able ministers of the new testament, not of the letter, but of the Spirit; for the letter kills, but the Spirit gives life.

2 Corinthians 3:5-6 JUB



It was the Apostle Paul who emphasized that now, Christ has set us free! Let us embrace this truth and firmly refuse to go back into the bondage of our past

At last we have freedom, for Christ has set us free! We must always cherish this truth and firmly refuse to go back into the bondage of our past.

Galatians 5:1 TPT

To be really free, we must forget our past sinful nature and fasten our hearts to the future.

<sup>13</sup> I don't depend on my own strength to accomplish this;[f] however I do have one compelling focus: I forget all of the past as I fasten my heart to the future instead. Philippians 3:3 TPT

Part of the blessing to be reunited to God, would be the “**writing of the law on the heart**” which occurs through the new birth and the indwelling of the Holy Spirit, who empowers believers to obey God. Through the establishment of this new covenant, the old Mosaic covenant was made obsolete.

*“For this is the testament that I will ordain to the house of Israel after those days, saith the Lord: **I will give my laws into their soul and write them upon their hearts, and I will be to them a God, and they shall be to me a people:** <sup>11</sup> and no one shall teach his neighbour nor anyone his brother, saying, Know the Lord, for all shall know me, from the least to the greatest. <sup>12</sup> **For I will reconcile their iniquities and their sins, and their iniquities I will remember no more.** <sup>13</sup> In that he says, New, he has made the first old. Now that which decays and waxes old is ready to vanish away”.*

Hebrews 8:10-13 JUB



Belief in the new covenant was one of the key distinctions between early Christians and Jews. For example, the Christian apologist, Justin Martyr, argued that the new covenant was the perfection of the old, while Trypho, as a Jew, considered the Mosaic Law to be perfect by itself. In fact, the new covenant was so important to Christian identity that the writings of the apostles were called the **New Testament**, another term for new covenant, while the Hebrew Scriptures were known as the Old Testament.

**The element of the unleavened bread in the Passover feast now symbolized His body, broken, as He took upon Himself God's wrath against sinful humanity.**

**The wine now signified His own blood, poured out to seal God's covenant with believers in Christ.**

And taking bread, having given thanks, he broke *it* and gave unto them, saying, This is my body which is given for you; do this in remembrance of me. <sup>22</sup> Likewise also *he took and gave them* the cup after supper, saying, This cup is the new testament in my blood, which is shed for you.

Luke 22:20 JUB

Jesus commanded His followers to commemorate His death by similarly eating bread and drinking wine together until His second coming. Christ's transformation of the Passover meal confirmed what John the Baptist had said of Him three years earlier: "**He was the Lamb of God who takes away the sin of the world**" (John 1:29).





## Behold, the Lamb of God

*“The next day John saw Jesus coming unto him and said, Behold the Lamb of God, who takes away the sin of the world. <sup>30</sup> This is he of whom I said, After me comes a man who is preferred before me, for he was before me. <sup>31</sup> And I knew him not; but that he should be made manifest to Israel, therefore am I come baptizing with water. <sup>32</sup> And John gave testimony, saying, I saw the Spirit descending from heaven like a dove, and it abode upon him. <sup>33</sup> And I knew him not; but he that sent me to baptize with water, the same said unto me, Upon whom thou shalt see the Spirit descending and abiding on him, the same is he who baptizes with the Holy Spirit. <sup>34</sup> And I have seen and have given testimony that this is the Son of God”.*

John 1:29-34

By portraying His own body as broken and His blood as poured out, Jesus identified Himself as the ultimate **Passover Lamb**. The Jewish disciples understood that just as the **blood of the original Passover lambs caused the angel of death to pass over the Israelites**, anyone who identified with the blood of Jesus would be “passed over” on judgment day.

Pilate delivered Jesus to be crucified at the same time the priests sacrificed the Passover lamb in the temple.

Therefore when Pilate heard that word, he brought Jesus forth and sat down in the judgment seat in a place that is called the Pavement, but in the Hebrew, Gabbatha. <sup>14</sup> And it was the preparation of the passover and about the sixth hour; then he said unto the Jews, Behold your King! <sup>15</sup> But they cried out, Away with *him*, away with *him*, crucify him. Pilate said unto them, Shall I crucify your King? The high priests answered, We have no king but

Caesar. John 19:14 JUB



The timing was no coincidence. It signified that Christ, our Passover Lamb, has been sacrificed.

Purge out therefore the old leaven, that ye may be a new lump, as ye are unleavened. For even Christ, our passover, is sacrificed for us;

1 Corinthians 5:7 JUB

Now, it was because of this sacrifice of Christ, our Passover Lamb that;

- Gives us salvation.
- Gives us access to the Throne of God any time, any place and in any circumstance (Hebrews 9:11-15; Hebrews 10:19-25).
- Gives us protection and armed us through the mighty armor of God. You can withstand and defeat the wiles of the devil.
- Gives protection against sickness, diseases and against all and any plague.

Yehôvâh Elohim is a Covenant keeping God and these promises are for the entire family, as the Lord told the Israelites to find a lamb for the salvation of each household and not for each individual (Exodus 12:3).

Let us rest now in this promise of Him, that we receive our right standing before our Heavenly Father, because of this act of obedience through His Son, Yahshua HaMashiach.

Jesus was handed over to be crucified for the forgiveness of our sins and was raised back to life to prove that he had made us right with God!

Romans 4:25



## A CONTINUAL REMEMBRANCE

Jesus instructed His disciples to observe this ritual of remembrance continually “until that day when [He would] drink it new with [them] in [His] father’s kingdom”

*“But I say unto you, I will not drink from now on of this fruit of the vine until that day when I drink it new with you in my Father's kingdom.”*

Matthew 26:29 JUB

Following Jesus’ command, the “**Lord’s Supper**” became a key feature of early Church worship. So important was it that the apostle Paul clearly set out how it was to be conducted, with grave warnings for all who did not treat it with the necessary reverence.

To fully understand what Paul tries to explain to us in Corinthians, the reader must first take cognizance of the following very important elements:

### 1. SIN & SICKNESS

Sin & Sickness are twin evils of satan to tear down, to kill and to destroy. We must remember satan is the one who came to steal, kill and destroy, but our Passover Lamb, Yahshua HaMashiach, came that you might have live in abundance!

The thief comes not but for to steal and to kill and to destroy *the sheep*; I am come that they might have life and that they might have *it* in abundance. John 10:10 JUB

When you experience any sickness or any disease, remember that your health has been stolen! It is not Biblical to pray to be healed (*however strange*



*this might sound*), because the scriptures declare that by HIS STRIPES you **are already healed!**

But he *was* wounded for our rebellions; *he was* bruised for our iniquities; the chastisement of our peace *was* upon him; and by his stripes healing was provided for us. Isaiah 53:5 JUB

## **2. THE BREAD – HIS BODY**

Therefore, when we eat the bread, we eat Yahshua's body and claim back our divine healing – in the spirit, soul and in the body. John, Chapter 6, is an amazing chapter, discussing the bread of life and pointing us to the Body of Yahshua HaMashiach, who is indeed the bread of life! (Please read the whole Chapter 6 of John).

<sup>27</sup> Labour not for the food which perishes, but for the food which abides unto eternal life, which the Son of man shall give unto you, for him has God the Father sealed.

<sup>31</sup> Our fathers ate manna in the desert, as it is written, He gave them *of* the bread from the heaven to eat.

<sup>32</sup> Then Jesus said unto them, Verily, verily, I say unto you, Moses gave you not that bread from the heaven, but my Father gives you the true bread from the heaven.

<sup>33</sup> For the bread of God is he who descended from heaven and gives life unto the world.



<sup>35</sup> I AM the bread of life; he that comes to me shall never hunger, and he that believes in me shall never thirst. <sup>36</sup> But I said unto you, That even though ye have seen me, ye do not believe.

<sup>48</sup> I AM the bread of life. <sup>49</sup> Your fathers ate manna in the wilderness and are dead.

<sup>50</sup> This is the bread which comes down from heaven, that anyone may eat of it and not die.

<sup>51</sup> I AM the living bread which came down from heaven; if anyone eats of this bread, they shall live for ever; and the bread that I will give is my flesh, which I will give for the life of the world.

<sup>52</sup> The Jews therefore contended among themselves, saying, How is he able to give us *his* flesh to eat?

<sup>53</sup> Then Jesus said unto them, Verily, verily, I say unto you, Unless ye eat the flesh of the Son of man and drink his blood, ye shall have no life in you.

#### John 6:27-53 JUB

<sup>11</sup> We consider living to mean that we are constantly being handed over to death for Jesus' sake so that the life of Jesus will be revealed through our humanity. <sup>12</sup> So, then, death is at work in us but it releases life in you (2 Corinthians 4:11 TPT).

**For we are members of his body, of his flesh, and of his bones.**

#### **Ephesians 5:30 JUB**



*“The cup of blessing which we bless, is it not the fellowship of the blood of the Christ? The bread which we break, is it not the fellowship of the body of the Christ? 17 For one loaf of bread means that many are one body, for we are all partakers of that one loaf” (1 Corinthians 10:16-17 JUB).*

Jesus healed many during his ministry period of three years on earth. He healed even the Canaanite Woman, who stood outside the Abrahamic Covenant, after she replied to the Lord that even the dogs eat of the crumbs which fall from their masters' tables. (Matthew 15:21-28)

That it might be fulfilled which was spoken by Esaias the prophet, saying, Himself took our infirmities, and bare *our* sicknesses. Matthew 8:17

After God had anointed Jesus of Nazareth with the Holy Spirit and with power, Jesus went around doing good and healing all who were oppressed by the devil, for God was with him (Acts 10:38 NLT).

Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed (1 Peter 2:24 KJV).

With these words Peter testified: “It is Done, **“Tetelestai!”** By His stripes you were healed. Notice the past tense, meaning that His broken body on the cross had **already** provided healing for your spirit, soul and body. Please take it and don't let the devil steal it again!



### 3. A BETTER COVENANT

We have a better covenant – the New Testament. Israel understood Moses' clear instructions for Passover!

<sup>3</sup> Tell the whole community of Israel that on the tenth day of this month they must each select an animal of the flock according to their fathers' households, one animal per household. <sup>4</sup> If the household is too small for a whole animal, that person and the neighbor nearest his house are to select one based on the combined number of people; you should apportion the animal according to what each person will eat. <sup>5</sup> You must have an unblemished animal, a year-old male; you may take it from either the sheep or the goats. <sup>6</sup> You are to keep it until the fourteenth day of this month; then the whole assembly of the community of Israel will slaughter the animals at twilight. <sup>7</sup> **They must take some of the blood and put it on the two doorposts and the lintel of the houses where they eat them.** <sup>8</sup> They are to eat the meat that night; they should eat it, roasted over the fire along with unleavened bread and bitter herbs. <sup>9</sup> Do not eat any of it raw or cooked in boiling water, but only roasted over fire—its head as well as its legs and inner organs. <sup>10</sup> Do not let any of it remain until morning; you must burn up any part of it that does remain before morning. <sup>11</sup> Here is how you must eat it: you must be dressed for travel, your sandals on your feet, and your staff in your hand. **You are to eat it in a hurry; it is the Lord's Passover.** <sup>12</sup> "I will pass through the land of Egypt on that night and strike every firstborn male in the land of Egypt, both man and beast. **I am Yahweh; I will execute judgments against all the gods of Egypt.** <sup>13</sup> The blood on the houses where you are staying will be a distinguishing mark for you; when I see the blood, I will pass over you. No plague will be among you to destroy you when I strike the land of Egypt. Exodus 12:3-13 KJV



These were very precise instructions, which the Israelites obeyed and for 40 years in the desert more than 2 million people were not sick! Moses recorded that six hundred thousand men alone, besides women and children, left Egypt. Adding the children and women it would obviously have been more than 2 million people.

And the children of Israel journeyed from Rameses to Succoth, about six hundred thousand on foot *that were* men, beside children. Exodus 12:37

KJV

David recorded;

***“He smote also all the firstborn in their land, the chief of all their strength. <sup>37</sup> He brought them forth also with silver and gold: and there was not one feeble person among their tribes”.*** Psalms 105:36-37 KJV

Carefully read these above-mentioned Old Testament scriptures. No one was feeble! Not a single person were sick for 40 years in the desert!!!

Then Peter declared;

**Forasmuch as ye know that ye were not redeemed with corruptible things, *as* silver and gold, from your vain conversation *received* by tradition from your fathers; <sup>19</sup> But with the precious blood of Christ, as of a lamb without blemish and without spot.**

1 Peter 1:18-19 KJV

We are redeemed by the precious blood of Christ, not a lamb as in the Old Testament. So, why does Paul then remark in the New Testament; ***“That's***





***why so many of you are weak and sick and a considerable number are dying***". 1 Corinthians 11:30 ISV

## **What could the reasons be?**

In Paul's first Epistle to the Corinthians, chapter 10, he explained.

### **Learning from Israel's Failures**

**10** My dear fellow believers, you need to understand that all of our Jewish ancestors *who walked through a wilderness long ago* were under the glory cloud and passed through the waters of the sea on both sides. <sup>2</sup> They were all baptized into the cloud of glory, into the fellowship of Moses, and into the sea. <sup>3</sup> They all ate the same heavenly manna <sup>4</sup> and drank water from the same spiritual rock that travelled with them—and that Rock was Christ himself. <sup>5</sup> Yet God was not pleased with most of them, and their dead bodies were scattered around the wilderness.

Paul compared Israel's deliverance from Egypt to our deliverance from bondage. They were all water baptized when they moved through the Red Sea and were baptized with the Holy Ghost (into the cloud of glory). They ate heavenly manna (a picture of Christ as the Bread of Life) and drank water from the Rock which points to Yahshua HaMashiach, the Anointed One.

**YET – God was not pleased with most of them and their bodies were found dead in the wilderness.**

<sup>6</sup> Now, all these things serve as types and pictures for us—lessons that teach us not to fail in the same way by callously craving worthless things <sup>7</sup> and practicing idolatry, as some of them did. For it is written:



***The people settled in to their unrestrained revelry, with feasting and drinking, then they rose up and became wildly out of control***

<sup>8</sup> Neither should we commit sexual immorality, as some of them did, which caused the death of twenty-three thousand on a single day. <sup>9</sup> Nor should we ever provoke the Lord, as some of them did by putting him to outrageous tests that resulted in their death from snakebites day after day. <sup>10</sup> And we must not embrace their ways by complaining—grumbling with discontent, as many of them did, and were killed by the destroyer!

<sup>11</sup> **All the tests they endured on their way through the wilderness are a symbolic picture, an example that provides us with a warning so that we can learn through what they experienced.** For we live in a time when the purpose of all the ages past is now completing its goal within us. <sup>12</sup> So beware if you think it could never happen to you, lest your pride becomes your downfall.

### **The Way of Escape**

<sup>13</sup> We all experience times of testing, which is normal for every human being. But God will be faithful to you. He will screen and filter the severity, nature, and timing of every test or trial you face so that you can bear it. And each test is an opportunity to trust him more, for along with every trial God has provided for you a way of escape that will bring you out of it victoriously.

**Paul linked the above-mentioned scriptures to Communion.**

**Carefully read the following!**

### **Communion**

<sup>14</sup> My cherished friends, keep on running far away from **idolatry**. <sup>15</sup> I know I am writing to thoughtful people, so carefully consider what I say. <sup>16</sup> **For when we pray for the blessing of the communion cup, isn't this our co-participation with the blood of Jesus? And the bread that we distribute, isn't this the bread of our co-participation with the body of Christ?** <sup>17</sup> For



although we're many, we become one loaf of bread and one body as we feast together on one loaf.

**<sup>18</sup> Consider the people of Israel *when they fell into idolatry*. When they ate the sacrifices offered to the gods, weren't they becoming communal participants in what was sacrificed?** <sup>19</sup> Now, am I saying that idols and the sacrifices offered to them have any value? <sup>20</sup> Absolutely not! **However, I am implying that when an unbeliever offers a sacrifice to an idol, it is not offered to the true God but to a demon. I don't want you to be participants with demons!** <sup>21</sup> **You can't drink from the cup of the Lord and the cup of demons. You can't feast at the table of the Lord and feast at the table of demons.** <sup>22</sup> Who would ever want to arouse the Lord's jealousy? Is that something you think you're strong enough to endure?

1 Corinthians 10:1-22 TPT

This is a serious warning to the believer. You might ask what it means to participate at the table of demons?

When we still have cravings for worthless things and keep ourselves busy with worldly things, when we crave possessions and money and practice idolatry, we are sitting at the table of demons. (*An idol is anything that takes more of your time and occupies more of your heart than Yahshua HaMashiach does*). Many are still feasting, drinking and participating in wild parties. Many still gossip, slander, walk in unforgiveness, resentment, bitterness, guilt and self-hatred. They backstab their fellow-believers and live sexually immoral lives, but on Sunday they participate in Communion at church. Paul explains that living such a double life means that we participate at the table of demons and at the table of the Lord.

**Please read the rest of 1 Corinthians 10.**



## Paul continues in Chapter 11:

<sup>26</sup> Whenever you eat this bread and drink this cup, you are retelling the story, proclaiming our Lord's death until he comes. <sup>27</sup> For this reason, whoever eats the bread or drinks the cup of the Lord in the wrong spirit will be guilty of dishonoring the body and blood of the Lord. <sup>28</sup> So let each individual first evaluate his own attitude and only then eat the bread and drink the cup. <sup>29</sup> For continually eating and drinking with a wrong spirit will bring judgment upon yourself by not recognizing the body. <sup>30</sup> This insensitivity is why many of you are weak, chronically ill, and some even dying. <sup>31</sup> If we have examined ourselves, we should not be judged. <sup>32</sup> But when we are judged, it is the Lord's training so that we will not be condemned along with the world.

1 Corinthians 11:26-32 TPT

What Paul tries to explain is that many are weak and sick, because we do not discern the Lord's Body, meaning that we do not grasp and understand and acknowledge that His Body is for our healing. It goes even deeper. The Lord's Body also consists of many members, and if we do not forgive our brothers and sisters in Christ Jesus and discern these individual members as valuable, precious stones loved by Christ Jesus, then we drink judgment onto ourselves at the Lord's Table.

**I do not find a single verse in the Bible that states that a Christian leader has to visit a co-believer to find him or her worthy to participate at the Table of the Lord! Such an act is unbiblical!**

## 4. BEING WORTHY



So, why did Paul say to the Corinthian church: “Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord?” (1 Corinthians 11:27)

The Apostle Paul gave us the reasons (Many churches and Pastors misinterprets it);

- There was division among them.  
“For first of all, when ye come together in the church, I hear that there be divisions among you; and I partly believe it” (1 Corinthians 11:18 KJV)
- There were heretical teachings in the church.  
“For there must be also heresies among you, that they which are approved may be made manifest among your (1 Corinthians 11:19 KJV)
- We see selfishness in the church.  
“For in eating ever one taketh before other his own supper; and one is hungry, and another is drunken (1 Corinthians 11:21 KJV).
- They despised the house of God.  
“What? Have ye not houses to eat and to drink in? or despise ye the church of God” (1 Corinthians 11:22 KJV).
- They had become very proud and looked down on others.  
“.... And shame them that have not” (1 Corinthians 11:22 KJV).

When Paul warned against celebrating the Lord’s Supper in an unworthy manner, he was talking about the sins in the Corinthian church. Some of their sins were even committed at the Lord’s table! Paul said that many of



the Corinthians were “weak and sick”, and some had even died, because of their lack of discernment. Henceforth, if we then partake worthily, there will be health and strength, rather than weakness and sickness.

Now Paul comes to the core of the matter, when he explains;

“For if we would **judge ourselves**, we would not be judged. But when we are judged, we are chastened by the Lord, that we may not be condemned with the world”. 1 Corinthians 11:31–32

Paul does not say that we should be judged by the Elders of the church, nor by any spiritual leader. He makes it very clear that if we would judge ourselves (*self-examination*), then God wouldn't have to judge us. But if He does judge, He is only doing so for the sake of our redemption.

In Psalm 32 we see both kinds of judgment. We see how God judges man and how man can judge himself. Listen to the way David describes himself when he “kept silent”, in other words, when he did not judge himself and did not confess his sin.

When I kept silent, my bones grew old  
Through my groaning all the day long. Ps 32:3 KJV

Here we see that when David decided to not confess his sin, his physical body was affected. Remember that Paul said, “For this reason [participating in Communion unworthily] many are weak and sick among you” (1 Corinthians 11:30). God often judges us by withdrawing the sense of His presence from us. Living without the presence of the Lord is like the dryness of a summer without rain.



For day and night thy hand was heavy upon me: my moisture is  
turned into the drought of summer. Ps 32:4 KJV

So how can we come back into the Lord's favor? David demonstrates what  
to do.

I acknowledged my sin to You,  
And my iniquity I have not hidden.  
I said, "I will confess my transgressions to the LORD,"  
And You forgave the iniquity of my sin. Ps 32:5 KJV

Speaking of David, the Lord said, "He is a man after My own heart." (See 1  
Samuel 13:14.) Why? Because David sought after the Lord.

Amazing that the Bible calls godly those who confess their sins!

For this cause everyone who is godly shall pray to You  
In a time when You may be found. Ps 32:6 KJV

Now, look at how David's relationship with God changed after he had  
confessed his sin. He wrote;

You are my hiding place;  
You shall preserve me from trouble;  
You shall surround me with songs of deliverance. Ps 32:7 KJV

So, when Paul says that we must judge ourselves before partaking at the  
Lord's Supper, he says we do this by confessing our sins. And what is the  
result?

**Communion with the Lord is restored!**



## 5. AUTOIMMUNE DISEASE

We also need to take cognizance of the consequences if we do not confess our sin. It not only affects our human bodies, but also affects the Body of Christ.

John said;

<sup>14</sup> Yet we can be assured that we have been translated from *spiritual* death into *spiritual* life because we love the family of believers. A loveless life remains spiritually dead. <sup>15</sup> Everyone who keeps hating a fellow believer is a murderer, and you know that no murderer has eternal life residing in him.

1 John 3:14-15 TPT

If we, in the Body of Christ, hate one another, we suffer from a condition which the medical profession calls an “**autoimmune disease**”. An autoimmune disease is when the human body, which should protect itself against intruders (e.g. inflammation, cancer etc), instead turns on itself and attacks itself. The anti-bodies, which are created to defeat, for instance cancer cells, attack the human body. There is no resistance anymore, and the immune system has been compromised. Likewise, the Body of Christ is weak, because of the presence of an autoimmune disease within the Body of Christ!

**Henceforth, this is the reason why so many of you are weak and sick!**





**Please listen to the message and teaching on our website and YouTube, Divine Healing: Part 1: Many are Weak and Sick and Part 2: Saving Health.**

## **6. THE BLOOD OF CHRIST**

The Blood of Christ cried out a better thing than the blood of Abel. Abel's blood cried out righteousness and justice, but the Blood of our Passover Lamb cried out redemption for our sin! It is the most precious GIFT ever offered to the human race on planet earth. Yet so many are rejecting it!

All humanity is born in sin, because of the transgression in the Garden of Eden. Therefore, the Father decided to offer His Son, Yahshua, to pay it all and in full. When Jesus cried out on the cross: "It is done!", the Father's anger at humanity ceased! Now we have boldness to approach His throne and may boldly run into His arms as He welcomes us back home! What a wonderful privilege! Yet, sadly rejected by many!

**The next day John seeth Jesus coming unto him, and saith, Behold the Lamb of God, which taketh away the sin of the world.**

**John 1:29 KJV**

We are now justified, called to stand right before the throne, not because of what we did, but only because of the Blood of Christ Jesus.

Much more then, being now justified by his blood, we shall be saved from wrath through him (Romans 5:9).

But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin (1 John 1:7).



When we drink the Blood of Christ we proclaim victory!

- The Blood is for the remission of SIN (Sin is all the filthiness done in your life).
- The Blood is for the remission of all INIQUITY (Iniquity is all filthiness of the human race back in time to Adam & Eve).
- The Blood of Christ also releases resurrection power within us. Christ did not only die for our sins, but He was also raised up from the dead with resurrection power. That is the Dunamis Power!

And now Paul says that the same power the Father used to raise His Son from the dead, is within you! Not only that, but this resurrection power (Dunamis Power) shall also quicken your mortal bodies! This means that divine healing will flow in and through your body when we release this resurrection power in and over our souls!

**But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you. Romans 8:11 KJV**

This is a precious gift of God that brings us eternal life!

For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord. Romans 6:23

Carefully read the words of Ezekiel, the prerequisites for God's promise so that we shall indeed live for ever!

*The word of the LORD came unto me again, saying, <sup>2</sup> What mean ye, that ye use this proverb concerning the land of Israel, saying,*



*The fathers have eaten sour grapes, and the children's teeth are set on edge? <sup>3</sup> As I live, saith the Lord GOD, ye shall not have occasion any more to use this proverb in Israel. <sup>4</sup> **Behold, all souls are mine;** as the soul of the father, so also the soul of the son is mine: the soul that sinneth, it shall die. <sup>5</sup> **But if a man be just, and do that which is lawful and right, <sup>6</sup> And hath not eaten upon the mountains, neither hath lifted up his eyes to the idols of the house of Israel, neither hath defiled his neighbour's wife, neither hath come near to a menstruous woman, <sup>7</sup> And hath not oppressed any, but hath restored to the debtor his pledge, hath spoiled none by violence, hath given his bread to the hungry, and hath covered the naked with a garment; <sup>8</sup> He that hath not given forth upon usury, neither hath taken any increase, that hath withdrawn his hand from iniquity, hath executed true judgment between man and man, <sup>9</sup> Hath walked in my statutes, and hath kept my judgments, to deal truly; he is just, he shall surely live, saith the Lord GOD.***

Ezekiel 18:1-9 KJV

## 7. COMMUNION WITHIN COMMUNION

In previous scriptures Paul emphasized;

“The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?” 1 Corinthians 10:16

This verse says, “There is communion in the Communion”. Often when we take Communion, we don’t realize that we are to have communion with the



Lord Himself. This implies that when we have Communion, Jesus wants to have fellowship with us as we partake of “the Lord’s Supper”. We call it the Lord’s Supper, because it is HIS supper, not ours. Henceforth, we can expect the presence of the Lord to be very real to our spiritual senses during Communion.

## 8. IN REMEMBRANCE

When the Lord instituted Communion, He commanded his disciples to do it in remembrance of him.

And he took bread, and gave thanks, and brake *it*, and gave unto them, saying, This is my body which is given for you: this do in remembrance of me. Luke 22:19 KJV

### **What should we remember when we come to the Lord’s table?**

We must remember and acknowledge what He did for us, namely:

#### **He brought us out of Egypt - the place of slavery!**

He freed us, lead us through the Red Sea, cared for us in the wilderness, protected us from snake bites, overcame the Giants for us in the promised land and gave us a place of rest. He laid down His life for us, He was despised and rejected by men. He has borne our griefs and carried our sorrows (Isaiah 53:3-4).

The word *grief* here is the Hebrew *choliy*, which means “weak, sick, or afflicted.” Surely He has borne our weaknesses, sicknesses, and afflictions. The Hebrew word for *sorrows* is *makob*, which means “pain or grief”. The scriptures are clear, Saints. Jesus not only died to take away our sins, but He also died to take away our sickness.



When evening had come, they brought to Him many who were demon-possessed. And He cast out the spirits with a word, **and healed all who were sick**, that it might be fulfilled which was spoken by Isaiah the prophet, saying, “He Himself took our infirmities and bore our sicknesses.” Matthew 8:16-17 KJV

Read Psalm 103 (attached at the end) and see how David expressed his gratitude for all the benefits he had received from Adonai.

Bless the Lord, O my soul, and forget not all His benefits Psalm 103:2

We need to remember what Yehôvâh Elohim did for us. We need to remember all the benefits we received from Him. We might grieve God when we do not remember!

And again and again they tempted God,  
And pained the Holy One of Israel.  
They did not remember His power,  
The day when He redeemed them from the adversary.

Psalm 78:41–42 NAS

That is why we celebrate the Lord’s Supper – to remember all the good things He has done for us through the cross. David continues in Psalm 103, expressing these benefits [**PLEASE NOTE THE USE OF PRESENT TENSE! ALL BENEFITS ARE AVAILABLE TO YOU TODAY!**]

“Who forgives all your iniquities” (verse 3).

All your sins are washed away. All your sins are forgiven. All you have to do is repent and receive Him as your Savior.

“Who heals all your diseases” (verse 3).



I'm so glad the verse doesn't say, "Who forgave" and "who healed." It says, "Who forgives"—present tense—and "who heals"—present tense. He still forgives; He still heals.

"Who redeems your life from destruction" (verse 4).

"Who crowns you with lovingkindness and tender mercies"  
(verse 4).

"Who satisfies your mouth with good things" (verse 5).

The Bible says God satisfies you with good things. He never gives bad things; He always gives good things. As my friend, Oral Roberts, says, "God is a good God."

"So that your youth is renewed like the eagle's" (verse 5). When we know His benefits, He'll renew us.

"The LORD executes righteousness and justice for all who are oppressed" (verse 6).

Because of the cross, we are defended from the oppressor.

## 9. VICTORIOUS

How beautiful are the words of the Apostle Paul when he wrote to the Colossians about the victory of the cross!

<sup>12</sup> For we've been buried with him into his death. Our "baptism into death" also means we were raised with him when we believed in God's resurrection power, the power that raised him from death's realm. <sup>13</sup> This "realm of death" describes our former state, for we were held in sin's grasp. But now, we've



been resurrected out of that “realm of death” never to return, for we are forever alive and forgiven of all our sins!

<sup>14</sup> He canceled out every legal violation we had on our record and the old arrest warrant that stood to indict us. He erased it all—our sins, our stained soul—he deleted it all *and they cannot be retrieved!* Everything we once were in Adam has been placed onto his cross and nailed permanently there as a public display of cancellation.

<sup>15</sup> Then Jesus made a public spectacle of all the powers and principalities of darkness, stripping away from them every weapon and all their spiritual authority and power to accuse us. And by the power of the cross, Jesus led them around as prisoners in a procession of triumph. *He was not their prisoner; they were his! Colossians 2:12-15 TPT*

His words on the cross – “It is done, **“Tetelestai!”** – brought total victory for us! Let us remember all He had done for us and the benefits we received!

Paul explains to the Philippians;

<sup>7</sup> Instead he emptied himself of his outward glory by reducing himself to the form of a lowly servant. He became human! <sup>8</sup> He humbled himself and became vulnerable, choosing to be revealed as a man and was obedient.

He was a perfect example, even in his death—a criminal’s death by crucifixion! Philippians 2:8 TPT

Notice the seven steps Christ took from the throne to the cross:

- (1) He emptied himself.
- (2) He became a servant.
- (3) He became human.
- (4) He humbled himself.
- (5) He became vulnerable and was revealed as a man.



(6) He was obedient until his death.

(7) He died a criminal's death on the cross.

If we want to be Christ-like, we too need to follow these steps before we can participate in His resurrection. Because of His obedience, the Father exalted Him, gave all authority to His Son and every tongue will confess that Yahshua is Lord, Yahweh!

And every tongue will proclaim in every language: "Jesus Christ is Lord Yahweh," bringing glory and honor to God, his Father! Philippians 2:11 TPT

Note the seven steps of exaltation that God gave Jesus after the cross:

(1) God exalted him and multiplied his greatness.

(2) He possesses the greatest name of all.

(3) His sovereign authority will cause every knee to bow.

(4) God decreed that everyone in heaven will bow in worship of the God-Man.

(5) God decreed that every demonic being will bow to the God-Man.

(6) God decreed that every tongue will proclaim that Jesus Christ is Lord Yahweh!

(7) God received the glory and honor of sharing his throne with the God-Man.

Dear Reader, you have to meditate on this deep revelation that Paul gave to us in his epistle to the Ephesians, when he wrote how we too, because of Christ's victory on the cross, as the Head of His Body, can experience victory. Let us remember, when we participate in the Lord's Supper, that we are also seated with Christ Jesus in heavenly places from where we are ruling and reigning with Him.





<sup>17</sup> [For I always pray to] the God of our Lord Jesus Christ, the Father of glory, that He may grant you a spirit of wisdom and revelation [*of insight into mysteries and secrets*] in the [*deep and intimate*] knowledge of Him,

<sup>18</sup> By having the eyes of your heart flooded with light, so that you can know and understand the hope to which He has called you, and how rich is His glorious inheritance in the saints (*His set-apart ones*),

<sup>19</sup> And [*so that you can know and understand*] what is the immeasurable and unlimited and surpassing greatness of His power in and for us who believe, as demonstrated in the working of His mighty strength,

<sup>20</sup> Which He exerted in Christ when He raised Him from the dead and seated Him at His [*own*] right hand in the heavenly [*places*],

<sup>21</sup> Far above all rule and authority and power and dominion and every name that is named [*above every title that can be conferred*], not only in this age and in this world, but also in the age and the world which are to come.

<sup>22</sup> And He has put all things under His feet and has appointed Him the universal and supreme Head of the church [*a headship exercised throughout the church*],

<sup>23</sup> Which is His body, the fullness of Him Who fills all in all [*for in that body lives the full measure of Him Who makes everything complete, and Who fills everything everywhere with Himself*]. Ephesians 1:17-23 AMPC

And now, because we become a body filled and flooded with Yehôvâh Elohim, His power is at work within us to carry out HIS purpose and to do superabundantly, far over and above all we dare ask or think, infinitely beyond our highest prayers, desires, thoughts, hopes or dreams!



<sup>16</sup> May He grant you out of the rich treasury of His glory to be strengthened and reinforced with mighty power in the inner man by the [Holy] Spirit [Himself indwelling your innermost being and personality].

<sup>17</sup> May Christ through your faith [actually] dwell (settle down, abide, make His permanent home) in your hearts! May you be rooted deep in love and founded securely on love,

<sup>18</sup> That you may have the power and be strong to apprehend and grasp with all the saints [God's devoted people, the experience of that love] what is the breadth and length and height and depth [of it];

<sup>19</sup> [That you may really come] to know [practically, through experience for yourselves] the love of Christ, which far surpasses mere knowledge [without experience]; that you may be filled [through all your being] unto all the fullness of God [may have the richest measure of the divine Presence, and become a body wholly filled and flooded with God Himself]!

<sup>20</sup> Now to Him Who, by (in consequence of) the [action of His] power that is at work within us, is able to [carry out His purpose and] do superabundantly, far over and above all that we [dare] ask or think [infinitely beyond our highest prayers, desires, thoughts, hopes, or dreams]—

<sup>21</sup> To Him be glory in the church and in Christ Jesus throughout all generations forever and ever. Amen (so be it). Ephesians 3:16-21 AMPC

## 10. A FUTURE VICTORY

The apostle John also recounts a substantial body of teaching at the supper (John 13-17). This “farewell discourse” reflects Jesus’ great love for His followers. He spoke of what would happen after He had died, how the Holy Spirit would come to comfort and guide them, and how their joy would one day be complete.



So, today, the celebration of the Lord's Supper reflects back to the crucifixion, when Christ's blood was shed for sinners, but also forward to the marriage supper of the Lamb, when the redeemed will join their Lord in glory.

### **The Marriage Supper of the Lamb**

“And I heard as it were the voice of a great company and as the voice of many waters and as the voice of mighty thunderings, saying, Halelu-JAH; for the Lord God almighty reigns. <sup>7</sup> Let us be glad and rejoice and give glory to him; for the marriage of the Lamb is come, and his bride has made herself ready. <sup>8</sup> And to her was granted that she should be arrayed in fine linen, clean and bright: for the fine linen is the righteousness of the saints. <sup>9</sup> And he said unto me, Write, Blessed are those who are called unto the marriage supper of the Lamb. And he said unto me, These are the true words of God. <sup>10</sup> And I fell at his feet to worship him. And he said unto me, See *thou do it* not: I am thy fellow-servant and with thy brethren that have the testimony of Jesus; worship God; for the testimony of Jesus is the spirit of prophecy”.

Revelation 19:6-10 JUB

**IT IS A CELEBRATION, INDEED!**



# TAKING COMMUNION

Lord, we are gathered here to acknowledge that you are the only God, there is no other god in our lives. We are here to remind ourselves and one another, that it was indeed Yehôvâh Elohim who delivered us from Egypt. We confess our sin and ask forgiveness that we also made “golden calves” in our lives and that we too went astray into idolatry. Please forgive us and deliver us today by the precious Blood of Christ Jesus, the Anointed One! We thank You for Your new Covenant which you sealed with the precious blood of your Son, Yahshua HaMashiach, and that this Covenant is now available to my whole household.

**We acknowledge You as a Covenant Making and a Covenant Keeping God!**

As You offered a lamb for the entire family, a lamb for a house, we accept YOU today for our whole household and acknowledge that a special door of grace will open to my family to make it unto salvation. I also stand in for the sins of my family and acknowledge that we are guilty before You. But, based on the finished work of Yahshua on Calvary, I claim deliverance, salvation and saving health for my family. Based on the Blood of the Lamb, I claim righteousness and justice, because You, as the Righteous Judge, will judge the sin and set us all free.

Now, when we take this bread and eat it and when we drink the wine, we declare and decree our deliverance, our freedom from any form of slavery. We pour out a heavenly blessing that awaits us when we participate at Your Table today! Thank you Jesus for setting us FREE.

**We acknowledge your holy presence with us, and invite you Lord to have communion with us in this Communion!**



## THE BREAD

Lord, Jesus, we thank you today for what you have done for us on the cross!

- Give us today our daily bread – our daily divine healing. (Matthew 6:11; Luke 11:3)
- Today we do not want to look for our normal bread, as our forefathers ate manna in the desert and they still died.
- We acknowledge that from bread alone we shall not live (Deuteronomy 8:4; Luke 4:4)
- But we are seeking your Body – the “Bread of Life” (Ps 78:24; John 6).
- We acknowledge that you are indeed the Bread of Life (John 6: 48; 58).
- We declare, decree and acknowledge that, by your stripes, you carried our sorrows and healed us in the spirit, soul and in our physical bodies (Isaiah 53:5; 1 Peter 2:24)
- Thank you Jesus that you heal every disease and quicken our mortal bodies (Romans 8:11; Ps 103)

<sup>3</sup>You kissed my heart with forgiveness, in spite of all I've done. You've healed me inside and out from every disease. <sup>4</sup>You've rescued me from hell and saved my life.

You've crowned me with love and mercy. <sup>5</sup>You satisfy my every desire with good things. You've supercharged my life so that I soar again like a flying eagle in the sky!

Ps 103:3-5 TPT

- We are so grateful that you sent your WORD to heal us and delivered us from destructions (Ps 107:20).
- Thank you, Yahshua, that you took our infirmities and bore our sicknesses (Matt 8:17).
- Thank you, Yahshua, that your desire for us is to prosper in our health, even as we prosper in our souls (3 John 1:2).



- Now we acknowledge that it is not You who bring sickness and disease, but the forces of darkness ,which came to kill, steal and to destroy. You, Lord, bring life in abundance (John 10:10).
- Therefore in your name, Yehôvâh Elohim, we bind the forces of darkness Which came to steal our health. I command sickness and disease to flee in Jesus Name.
- I now declare and decree saving health in my spirit, soul and body.
- When I eat this bread today, I eat eternal life.
- Bone by bone, flesh by flesh, we eat the bones and flesh of Yahshua HaMashiach which quickens my physical body.
- I will prosper in saving health!!!
- I receive my renewed strength and will fly like an eagle in the sky!
- Glory to God!
- Thank you Jesus...

## THE BLOOD

Today we thank you, Lord, for the precious blood of your Son, Yahshua HaMashiach, which flowed on the cross of Calvary. We acknowledge it is the most expensive price ever paid for the human race and we will never again violate nor dilutes it. (*To make it thinner, to bleach it or to make it weaker by adding anything else to it, to make your Blood weaker in force, content, or value by modification or the addition of other elements to it.*) We will never again reduce the value of your previous Blood.

- We acknowledge that the life of our flesh, our mortal bodies, is in the Blood, and that your BLOOD has been given to us upon the altar to make an atonement for our SOULS (Lev 17:11).



- Today, when we drink your Blood and proclaim life and victory!
- We will overcome by the Blood of the Lamb and the word of our testimony (Revelation 12:11).
- We now come and apply the Blood of Christ for our cleansing (1 John 1:7), for our protection and covering, for the forgiveness of all sins and iniquity, for our reconciliation, for our sanctification and to overcome all insecurities, doubts, fears and temptations.
- The kingdom of God is not meat and drink; but righteousness, and peace, and joy in the Holy Ghost.(Romans 14:17).
- Thank you, Jesus, that your Blood cries out a better covenant than the blood of Abel! For this is YOUR BLOOD of the new testament, which is shed for many for the remission of sins (Matthew 26:28).
- All the blood of goats and calves in the Old Testament could not bring any remission of sins, but through your Blood, the blood of Christ, You once and for all brought final atonement for our transgressions. Without shedding of blood there can be no remission (Hebrews 9:22).
- Because we participate in his death, we also participate in His resurrection. We had been raised up together, and made to sit together with Him in heavenly places in Christ Jesus (Ephesians 2:6 KJV).
- There is power in the Blood of Christ, and we acknowledge that it brings new life and new freedom where we now, can rest in.
- Through your Blood, your power (Dunamis, Resurrected Power) was made available to us through faith. We now release faith that this power will work through us! This is the same power that raised Christ from the dead and exalted him to the place of highest honor and supreme authority in the heavenly realms. Now HE is exalted far above every ruler, authority,



government, and realm of power in existence! He is gloriously enthroned over every name that is ever praised, not only in this age, but in the age that is coming! (Ephesian 1:19-21 TPT).

- Thank you Yahshua that I am FREED by the Blood of Christ!
- I declare and decree my freedom today and I will never again walk in unforgiveness, resentment, guilt, rejection and unholiness.
- Not because what I have done, but because of what You did for me on the CROSS.
- Glory to God – Glory to you, my Lord – Glory Hallelujah!!!

## Psalm 103 TPT

Our Father's Love

### King David's song of praise

With my whole heart, with my whole life, and with my innermost being, I bow in wonder and love before you, the holy God!

<sup>2</sup>Yahweh, you are my soul's celebration. How could I ever forget the miracles of kindness you've done for me?

<sup>3</sup>You kissed my heart with forgiveness, in spite of all I've done. You've healed me inside and out from every disease.

<sup>4</sup>You've rescued me from hell and saved my life. You've crowned me with love and mercy.

<sup>5</sup>You satisfy my every desire with good things. You've supercharged my life so that I soar again like a flying eagle in the sky!

<sup>6</sup>You're a God who makes things right, giving justice to the defenseless.

<sup>7</sup>You unveiled to Moses your plans and showed Israel's sons what you could do.





<sup>8</sup> Lord, you're so kind and tenderhearted and so patient with people who fail you!  
Your love is like a flooding river overflowing its banks with kindness.

<sup>9</sup> You don't look at us only to find our faults, just so that you can hold a grudge against us.

<sup>10</sup> You may discipline us for our many sins but never as much as we really deserve.  
Nor do you get even with us for what we've done.

<sup>11</sup> Higher than the highest heavens— that's how high your tender mercy extends!  
Greater than the grandeur of heaven above is the greatness of your loyal love,  
towering over all who fear you and bow down before you!

<sup>12</sup> Farther than from a sunrise to a sunset— that's how far you've removed our  
guilt from us.

<sup>13</sup> The same way a loving father feels toward his children— that's but a sample of  
your tender feelings toward us, your beloved children, who live in awe of you.

<sup>14</sup> You know all about us, inside and out. You are mindful that we're made from  
dust.

<sup>15</sup> Our days are so few, and our momentary beauty so swiftly fades away!

<sup>16</sup> Then all of a sudden we're gone, like grass clippings blown away in a gust of  
wind, taken away to our appointment with death, leaving nothing to show that  
we were here.

<sup>17</sup> But Lord, your endless love stretches from one eternity to the other, unbroken  
and unrelenting toward those who fear you and those who bow face down in awe  
before you. Your faithfulness to keep every gracious promise you've made passes  
from parents, to children, to grandchildren, and beyond.

<sup>18</sup> You are faithful to all those who follow your ways and keep your word.

<sup>19</sup> Yahweh has established his throne in heaven; his kingdom rules the entire  
universe.



<sup>20</sup> So bless the Lord, all his messengers of power, for you are his mighty heroes who listen intently to the voice of his word to do it.

<sup>21</sup> Bless and praise the Lord, you mighty warriors, ministers who serve him well and fulfill his desires.

<sup>22</sup> I will bless and praise the Lord with my whole heart! Let all his works throughout the earth, wherever his dominion stretches— let everything bless the Lord!

Beloved ones, God has called us to live a life of freedom. But don't view this wonderful freedom as an excuse to set up a base of operations in the natural realm. **Constantly love each other and be committed to serve one another.**

Galatians 5:13 TPT

Let us now demonstrate our love and service to one another by washing one another's feet

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## **WASHING FEET**

Jesus washing the feet of the disciples (John 13:1-17) occurred in the upper room during the Last Supper and has significance in three ways.

- For Jesus it was His humility and His servanthood.
- For disciples, the washing of their feet was in direct contrast to their heart attitudes at that time.
- For us, washing feet is symbolic of our role in the Body of Christ.



## Jesus our Servant

Jesus' attitude of servanthood was in direct contrast to that of that of the disciples, who had recently been arguing among themselves as to which of them was the greatest (Luke 22:24). Since there was no servant present to wash their feet, it would never have occurred to them to wash one another's feet. When the Lord Himself stooped to this lowly task, they were stunned into silence. To his credit, though, Peter was profoundly uncomfortable with the Lord washing his feet, and, never being at a loss for words, Peter protested "You shall never wash my feet!"

Then Jesus said something that must have further shocked Peter: "Unless I wash you, you have no part with me" (John 13:8), prompting Peter, whose love for the Savior was genuine, to request a complete washing.

Then Jesus explained the true meaning of being washed by Him. Peter had experienced the cleansing of salvation and did not need to be washed again in the spiritual sense. Salvation is a one-time act of justification by faith, but the lifelong process of **sanctification** is one of washing from the stain of sin we experience as we walk through the world. Peter and the disciples—all except Judas, who never belonged to Christ—needed only this temporal cleansing.

So, when Jesus rose from the table and began to wash the feet of the disciples (John 13:4), He was doing the work of the lowliest of servants. The disciples must have been stunned at this act of humility and condescension, that Christ, their Lord and master, should wash the feet of His disciples, when it was their proper work to have washed His. But when Jesus came to earth the first time, He came not as King and Conqueror, but as the suffering Servant of Isaiah 53. As He revealed in Matthew 20:28, He came "not to be served but to serve, and to give his



life as a ransom for many.” The humility expressed by His act with towel and basin foreshadowed His ultimate act of humility and love on the cross.

This truth is just one of several from this incident that Christians can apply to their own lives. First, when we come to Christ for the washing of our sins, we can be sure that it is permanent and complete. No act can cleanse us further from our sin, as our sin has been exchanged for the perfect righteousness of Christ on the cross (2 Corinthians 5:21). **But we do need continual cleansing from the effects of living in the flesh in a sin-cursed world.** The continual washing of sanctification is done by the power of the Holy Spirit, who lives within us, through the “washing of water by the Word” (Ephesians 5:26), given to us to equip us for every good work (2 Timothy 3:16–17).

### **Now you should do as I have done**

Further, when Jesus washed the disciples’ feet, He told them (and us), “I have given you an example, that you should do as I have done to you” (John 13:15). As His followers, we are to emulate Him, serving one another in lowliness of heart and mind, **seeking to build one another up in humility and love.** When we seek the pre-eminence, we displease the Lord who promised that true greatness in His kingdom is attained by those with a servant’s heart (Mark 9:35; 10:44). When we have that servant’s heart, the Lord promised, we will be greatly blessed (John 13:17).

**Beloved ones, God has called us to live a life of freedom. But don’t view this wonderful freedom as an excuse to set up a base of operations in the natural realm. Constantly love each other and be committed to serve one another.**

Galatians 5:13 TPT



# LAYING DOWN THE FOUNDATION

The Apostle Paul writes that he has much to say, although it is difficult to explain, because we have become too dull and sluggish to understand. For by now we should already have been “*professors instructing*” others. We are supposed to be Rabbi’s ourselves, but instead, we need to be taught the basics of God’s prophetic oracles! We are like children still needing milk and not yet ready to digest solid food (Hebrews

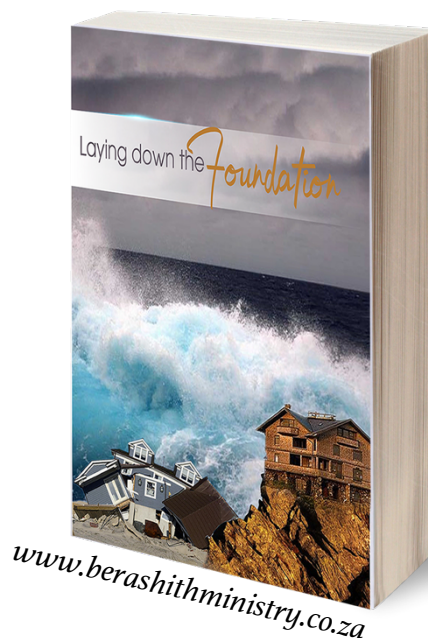
5:11-14). On the 13th of April 2021 a Word of God came to me: “My servant, I will make you My signet ring; for I have chosen you (Haggai 2:23) to lay the foundation of this house; your hands shall also complete it” (Zechariah 4:6-7). The message was clear, we have to lay down the foundation to restore His temple. The next Chapter of the Book of Hebrews continues that the foundation to be laid down, is the Doctrine of Christ and it consists of the following:

*“Therefore leaving the principles of the doctrine of Christ, let us go on unto perfection; not laying again the foundation of repentance from dead works, and of faith toward God, 2 Of the doctrine of baptisms, and of laying on of hands, and of resurrection of the dead, and of eternal judgment. 3 And this will we do, if God permit.*

*Hebrews 6:1-3 KJV*

Any foundation must first be inspected and approved, before the structure of the building can be erected. If the Building Inspector is satisfied, he approves of it using a stamp of authority. Similarly, Adonai first needs to permit (*to approve*) the

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restoration of the foundation by using this signet ring as His stamp of approval!  
Paul gave Timothy the reason why we need a solid foundation:

*Then you will be God's servant - fully mature and perfectly prepared to fulfill any  
assignment. 2 Timothy 3:17 TPT*

We have confidence that this “*temple*” will stand and last when the storm comes, because of Jesus’ promise that: “He who comes to me and **hears** my words and **do** it (acts on them) is like a person building a house, who **dug a deep** hole to lay the foundation on rock. When the storm comes, and pushed against that house but couldn’t shake it, because it had been founded on the rock (Luke 6:46-48). The opposite is therefore also true. He who does not **HEAR** and does not **DO** and does not dig deep, when the storm comes, his house will surely collapse.

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